

# A Liturgy of the Word Third Sunday in Lent Date : 12 March 2023

The full service or the sermon can be viewed on the website.



Father, hear the prayer we offer: not for ease that prayer shall be, but for strength that we may ever live our lives courageously.

Not for ever in green pastures do we ask our way to be; but the steep and rugged pathway may we tread rejoicingly.

Not for ever by still waters would we idly rest and stay; but would smite the living fountains from the rocks along our way.

Be our strength in hours of weakness, in our wanderings be our guide; through endeavour, failure, danger, Father, be thou at our side.

Author: Love M. Whitcomb Willis



This Lent, hear Christ's invitation: "If anyone thirsts, let him come to me and drink.

And as the Scripture has said, 'Out of their heart will flow rivers of living water.'

As we continue our Lenten journeys, we are called the well where Christ is, that we may rest and be restored.

The Lord be with you And also with you

As we continue our journey through the desert toward the promised land, let us look to the rock which is higher than ourselves, in which we may take refuge and from which we may receive living water. **Amen.** 



For the times we have forsaken God, and hewn out for ourselves broken cisterns which hold no water.

Forgive us, dear Lord.



For the times we have trusted in mammon and worldly things.

Forgive us, dear Lord.

For the times we have shunned God's image by rejecting a sister or brother.

Forgive us, dear Lord.

From our infirmities:

Save us, Lord

From our blindness:

Rescue us and restore to us our sight

From our brokenness:

Heal us and make us whole



Almighty God, our heavenly Father in penitence we confess that we have sinned against you through our own fault in thought, word, and deed and in what we have left undone. For the sake of your Son, Christ our Lord forgive us all that is past and grant that we may serve you in newness of life to the glory of your name.



May almighty God, who sent his Son into the world to save sinners, bring you his pardon and peace, may he forgive and cleanse you, in the name of the Father, and the Son, and the Holy Spirit. **Amen.** 



Gracious Father, your Son is the source of living water: grant that the gift of his Spirit may be to us a spring of water welling up to eternal life; through the same Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen** 



Exodus 17:1-7 Psalm 95 Romans 5:1-11





John 4:5-42



The Revd Sharmain James



I believe and trust in God the Father who made the world.
I believe and trust in his Son Jesus Christ Who redeemed humankind.
I believe and trust in his Holy Spirit who gives life to the people of God.
I believe and trust in one God Father, Son and Holy Spirit. Amen



Let us take opportunity to make prayer and intercession for all those in need.

During this penitential season, as we return to God with our whole hearts, we pray for the reign of God's peace and justice. Though the world's rulers profess different faiths, or none at all, we pray that the principles of God's kingdom might be established on earth. We pray for the calming of warring nations, and for the countless innocent affected in war. We pray for a ceasing of consumptive habits which deplete our earth's resources and for a recognition and realization of what is truly valuable in the world.

Lord, in your mercy:

### Hear our prayer

We continue to pray for our own country and its government. We pray for our president and his newly appointed cabinet. We pray for an end to corruption, for just governance on behalf of the people, for the creation of jobs, the building of infrastructure, and the strengthening of the spirit of ubuntu. May we, as people who live in this beautiful country, together work towards making it more peaceful and equitable for all.

Lord, in your mercy:

# Hear our prayer

Heavenly Father, we pray for the universal Church. This Lent may we, as its members, conform more faithfully to the body of your Son. We pray for our sister churches among the Roman Catholic and Orthodox traditions. We pray for the Anglican Communion, for Justin Welby, Archbishop of Canterbury. We pray for our own Archbishop, Thabo, and for our Bishop, Steve. May you strengthen and sustain them as they seek to lead and shepherd your flock. Lord, in your mercy:

### Hear our prayer

We pray for the community of St Michael's, Bryanston. May we too, truly understand what it means to be the localised expression of the Body of your Son. You have equipped each and every member of this church with unique and diverse talents, abilities and experiences. Help us to use these effectively for the strengthening and building up of your Body in this place.

Lord, in your mercy:

#### Hear our prayer

We pray for all who are ill or who are experiencing suffering or discomfort at this time, especially... We also lift up our ministry of intercession. Through the power of prayer, may this ministry continue to be a conduit of your healing love. We commit into your hands any we may know who have departed this earthly life, or who may do so during Lent. Rest eternal grant unto them O Lord. And let light perpetual shine upon them. Lord, in your mercy:

## Hear our prayer

Finally, Father, wherever we find ourselves this week as individuals, whether experiencing times of trial or times of blessing, whether we have cause to celebrate or cause to mourn, whether facing difficulties at work, trying family

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times, or whether we just find ourselves exhausted by life's challenges, we know, above all, that we can place our hope in you, believing that you are faithful and that you will not leave nor forsake us. Lord, in your mercy:

#### Hear our prayer

Hear our prayers, heavenly Father, in union with the universal Church. May they be pleasing to you and may you answer them as is best for us.

In the name of Jesus Christ we pray.

#### **Amen**



God of beauty and bounty: we offer these gifts as tokens of our dedication and gratitude to you, God and Father of all. Where they are able, may the enrich the lives of those in need and may the empower the work of ministry for your kingdom. In the name of Jesus Christ we pray.

#### **Amen**



Our Father in heaven hallowed be your Name your kingdom come your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial And deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen



To God be the glory, great things he has done! So loved he the world that he gave us his Son, who yielded his life an atonement for sin, and opened the life-gate that all may go in.

#### Refrain:

Praise the Lord! Praise the Lord, Let the earth hear his voice! Praise the Lord! Praise the Lord! Let the people rejoice! O come to the Father through Jesus the Son and give him the glory, great things he has done!

2 Great things he has taught us, great things he has done, and great our rejoicing through Jesus the Son, but purer and higher and greater will be our joy and our wonder, when Jesus we see.

[Refrain]

**Author: Fanny Crosby** 





May God almighty bless, preserve, and keep you and those you love this Lent. May he who fashioned worlds yet chose to make his home within you keep you ever-mindful of his grace and mercy. In the name of God, Creator, Redeemer and Sustainer.

Amen



Go in peace to love and serve the Lord In the name of Christ. Amen



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