

Praying through the day:

- Early morning (7am)
- Mid morning (10 am)
- Midday (12 noon)
- Afternoon (3pm)
- Evening (5pm)
- Night (8pm)



Click for song: Ndikhokhele Bawo
(Lead Me Oh Father)

<https://www.youtube.com/watch?v=l-rvDCFMVvE>



Early morning

Click for song: Ndikhokhele Bawo
(Lead Me Oh Father)

<https://www.youtube.com/watch?v=l-rvDCFMVvE>

**As the sun rises over South Africa this morning,
we pray Lord for the dawn of hope.
We feel so helpless, and we turn to you,
trusting in Your strength and mercy.**

**May the rising sun bring with it a new vision,
fresh solutions and open hearts.**

**Walk with us through this day Lord God
as we seek to do your will.**

**Lord in Your Mercy
Hear our prayer.**

Mid-morning

Hymn: Dear Lord and Father of Mankind

<https://www.youtube.com/watch?v=bsCLNuU6Td0>

Show us your mercy Lord and grant us your salvation.
O Lord, be gracious to our land
And mercifully hear us when we call out to you.

Give us your blessing of peace,
and let your glory be over all the earth.
You are the author of peace.
May your Spirit move across our land
restoring our minds and hearts
so that all people will hear your voice
and seek your will.

Give wisdom and clarity to all in authority,
to our peace-keepers and peace-makers.
Guard and protect all who are in danger and be present
to all who are afraid, that they may find comfort and
refuge in you.

**Lord in Your Mercy
Hear our prayer.**



Midday

Lord God, at this midday hour,
we come before you asking for mercy
for those who are threatened by hunger,
injustice, terror or death.
Help us to banish cruelty from our midst and
strengthen those who seek equality for all.
We pray for those who influence public
opinion. We know that you proclaim your
truth in every age by many voices.
Direct those who speak where many listen,
those who write what many read
and those who influence what many see,
that they may do their part in making
the heart of our people wise,
the mind of our people sound
and the will of our people righteous.
In your name of peace.

Amen





Afternoon

Source of all life, the length, breadth and height of your love is beyond our understanding.

Quieten our anxious thoughts that we may find a resting place in your love.

We are afraid of destruction, despair and desperation Lord, and it makes us feel helpless.

Renew our faith so that when doubt and fear threaten to overwhelm us, we can continually turn to you.

We entrust our family and friends and all who are dear to us to your never-failing care and love, knowing that you are doing for them things beyond all that we can ask or think.

As we pray for our loved ones, may we pray too for those we fear and those we have named as 'enemy'.

May we see through your eyes, transformed by your love.

Show us how to pray for those we do not know and those whose actions we do not understand.

Show us also how to pray for those who suffer because of violence and those who face unimaginable loss.

Trusting in your love, we ask for courage and compassion to face the conflict without despair.

Lord in your mercy

Hear our prayer

Evening

<https://youtu.be/IzEDH2RHCMU>

*(Our prayers rise to God
Thapelo tsa rona)*

In your own words, spend time offering your own prayers to God.

We pray for our President, for all community leaders, for those who make decisions that affect many lives...

We pray for those we know whose days have been affected by the protests near their homes and in their places of work...

We pray for the sick and those who suffer...

We pray for those who grieve and mourn...

We pray for ourselves...

**Lord in your mercy
Hear our prayer**



Night

God our loving Father, by your grace your Son Jesus has redeemed the world and reconciled us to you.

May we never forget your goodness to us, that we may show our thankfulness not only in words but by the service of our lives.

Lighten our darkness Lord, and by your great mercy defend us in all perils and dangers of the night. Be with us, merciful God and protect the people of South Africa through the darkness of this night.

May your peace that passes all understanding rest on us and remain with us.

May your healing work continue in each home and in each heart tonight.

May we, who are wearied by the changes and chances of this fleeting world, rest upon your eternal changelessness.

Lord in your mercy

Hear our prayer

Amen

Click for "It is well with my soul" video

<https://www.youtube.com/watch?v=5ovnm-gzLfs>